

# LIFE ADVISOR WELLNESS PROGRAM IMPLEMENTATION AS EASY AS 1, 2, 3, 4

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## PHASE 1

### PRESENTATION

- Submit proposal
- Review and select the Life Advisor Wellness Program that fits your needs and budget
- Review and obtain service agreement

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## PHASE 2

### PLANNING

- Schedule and hold implementation meeting
- Meet your Life Advisor Wellness account manager
- Gather specific information about your organization
- Identify integration points

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## PHASE 3

### IMPLEMENTATION

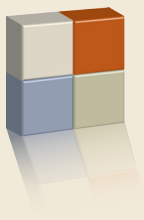
- Send introduction communications
- Conduct worksite wellness assessment
- Complete employee health & wellness interest survey
- Schedule health screening and hold on-site wellness activities
- Employees complete Health Risk Appraisal (HRA)

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## PHASE 4

### YEARLONG ACTIVITIES, TOOLS & RESOURCES

- Life Advisor Wellness account manager partners with your wellness committee to coordinate tools and resources and to schedule activities



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