

GROUP AND INDIVIDUAL CAREER TRANSITION SERVICES MODELS

| | 12 Mo. Program | 6 Mo. Program | 3 Mo. Program | 1 Mo. Program | INDIVIDUAL | GROUP* |
|--|--|--|--|--|--------------------------|--------------------------|
| PRENOTIFICATION COMMUNICATION & PLANNING | | | | | | |
| Consult on the reduction process with key contact | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ON-SITE NOTIFICATION SUPPORT | | | | | | |
| Overview of services | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Emotional support & counseling | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ADJUSTMENT AND ASSESSMENT | | | | | | |
| Strategies for career transition - Career Assessment Tool - Emotional Impact and Financial Management Workshop | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| RE-EMPLOYMENT PREPARATION | | | | | | |
| Resumé writing workshop | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Effective job search workshop | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Networking workshop | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Interview preparation & practice workshop | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ONGOING SUPPORT | | | | | | |
| Individual in-person career coaching | 12 Months | 6 Months | 3 Months | 1 Months | <input type="checkbox"/> | <input type="checkbox"/> |
| Personal telephonic career coaching | Unlimited | Unlimited | Unlimited | Unlimited | <input type="checkbox"/> | <input type="checkbox"/> |
| Resumé writing support services | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Solution-focused personal counseling and coaching <small>** (For employee and immediate family members)</small> | <small>**Ongoing, unlimited telephone & 24-hour support line</small> | <small>**Ongoing, unlimited telephone & 24-hour support line</small> | <small>**Ongoing, unlimited telephone & 24-hour support line</small> | <small>**Ongoing, unlimited telephone & 24-hour support line</small> | <input type="checkbox"/> | <input type="checkbox"/> |
| 24/7 CAREER OPTIMIZER | | | | | | |
| Training follow-up | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Coach connect | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Career research | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Resumé writing software | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Employee tools and assessments | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

* Includes up to 20 people per group package.